4: Fruity Flavors (snack)

Fresh fruit is abundant during the summer months, and can be a healthy alternative to satisfy any sweet tooth! Test out these fruity sculptures which will engage everyone in the kitchen and create a fun-looking snack.

**Recipes:**

**Turtle Apples**

**Ingredients**
- 1 apple cut in half (green apples look the best, but any kind of apple will work)
- 10 green grapes (or red grapes if you prefer)
- peanut butter (optional)
- four mini chocolate bits (optional)
- goldfish (optional)

**Procedure**
1. With your apple cut in half, place the flat side down on a plate with the skin-side facing upward
2. Using a toothpick, peanut butter (or preferred nut butter), or nothing at all place a full sized grape at one end of the apple to create the turtle’s head
3. Then place four grapes around the apple to create the turtle’s feet. You can either use four full-sized grapes, or cut two grapes in half to make the four feet.
4. Attach two mini chocolate bits onto the head grape to create turtle eyes
5. Place goldfish around your turtle for added fun!

**Penguin Bananas**

**Ingredients**
- 1 banana, peeled and cut in half
- 1/2 cup chocolate bits (melted) or chocolate sauce
- dried apricots, or carrots
- mini marshmallows

**Procedure**
1. With the banana peeled, and sliced in half (width-wise), prepare a lined baking tray with parchment
2. Either utilize chocolate sauce, or make a batch of chocolate sauce by carefully melting
the chocolate chips.
3. Dip each banana half into the sauce to make the penguin heads, and then place onto the
parchment lined sheet.
4. Place in the freezer to set for 10-15 minutes.
5. In the meantime, cut apricots in half (or use pieces of carrots) to make the penguin feet
and beaks.
6. Then adhere the feet and beaks to the bananas using more melted chocolate as the
“glue.”
7. Adhere two mini marshmallows with the chocolate “glue” to create the eyes.
8. Place created penguins back in the freezer to set, and store in the freezer if not serving
immediately.
9 NOTE: One banana makes two penguins – you can make however many you need!